Nattokinase

Also Known as: BSP, Extrait de Natto, Fermented Soybeans, Haricots de Soja Fermentés, Natto de Soja, Natto Extract, Nattokinasa, NK, Soy Natto, Subtilisin NAT.

Usage: Natural medicines are often tried for many conditions based on tradition, anecdotes, or marketing, but not all of these uses are supported by reliable or credible scientific research.

Orally, nattokinase is used for cardiovascular disease, stroke, angina, deep vein thrombosis (DVT), atherosclerosis, hemorrhoids, venous stasis, varicose veins, peripheral vascular disease, claudication, pain, fibromyalgia, chronic fatigue syndrome, endometriosis, uterine fibroids, muscle spasms, hypertension, hyperlipidemia, infertility, cancer, and thiamine deficiency.